Name		Date
Address		
City	State	Zip
Phone	Email	
Birth date	Age	Occupation
Marital Status		# of children
Emergency contact: N	ame and Phone#	
How did you hear abou	ut us?	
Have you ever receive	d Colon Hydrotherapy?	If so, how many?
How many bowel mov	ements do you usually	have per day?
Do you take Laxatives	? Y/N If so, how of	`ten?
How much water do yo	ou drink daily?	
How often do you exe	cise?	What type of exercise?
Do you follow a specia	al diet or Nutritional Pro	ogram?
What is your #1 health	goal or concern at this	time?

List of medications/supplementations				
Allergies				
Surgeries				
Please check all the following symptoms, WHICH YOU NOW HAVE OR HAVE HAD IN THE PAST. Be as thorough as possible. Your health history is strictly confidential.				
<b>General Symptoms</b>	<u>Skin</u>	Genito-urinary		
Headache	Rash	Frequent urination		
Fever	Itching	Painful urination		
Chills	Bruises easily	Blood in urine		
Night sweats	Dryness	Kidney trouble		
Fainting	Eczema	Incontinence		
Dizziness	Varicose Veins	Prostate trouble		
Seizures	Psoriasis			
Insomnia		<b>Gastro-intestinal</b>		
Fatigue	Respiratory	Poor appetite		
Anxiety	Chronic cough	Excessive hunger		
Depression	Asthma	Difficult digestion		
Cancer	Shortness of Breath	Belching		
High blood sugar	Bronchitis	Gas		
Low blood sugar	Emphysema	Bloating		
Back/Neck pain		Heartburn		
Infectious disease		Fistula or Fissures		
		Nausea/Vomiting		
Eyes, Ears, Nose, Throat	Cardiovascular	Abdominal pain		
Poor vision	High Cholesterol	Constipation		
Double/Blurred vision	Poor circulation	Diarrhea		
Eye pain	Rapid heart beat	Changes in stool		
Hard of hearing	Slow heart beat	Bloody or Black stools		
Earache	Irregular heart beat	Intestinal parasites		
Ringing in ear	Chest pain	Candida		
Nose bleeds	Heart attack	Liver trouble		
Sinus infections	Heart Disease	Gallbladder trouble		
Swollen tonsils	Congestive heart failure	Jaundice		
Enlarged lymph glands	Swelling in ankles	Hemorrhoids		
Frequent colds	Anemia	Colitis		
-		BM painful/difficult/strain		

Diverticulosis

## SCREENING FOR COLON HYDROTHERAPY

## **CONTRAINDICATIONS** (current conditions or in the Last 6 months):

ANAL FISSURE (acute, painful crack or tear)

ANAL FISTULA (infected anal fissure)

ABDOMINAL ANEURYSM

**CROHN'S DISEASE** 

COLON CANCER

COLON, RECTAL, OR ABDOMINAL SURGERY (less than 6 months ago)

DIVERTICULITIS (not contraindicated if you have had no episode within 6 months AND you are currently symptom free)

INTESTINAL PERFORATIONS

SEVERE HEMORRHOIDS (now painful or bleeding)

HERNIA, UNREPAIRED (abdominal or inguinal)

KIDNEY DIALYSIS

CIRRHOSIS/ASCITES

RENAL INSUFFICIENCY/RENAL FAILURE

RECTAL BLEEDING (current)

**ULCERATIVE COLITIS** 

UNCONTOLLED HIGH BLOOD PRESSURE

CONGESTIVE HEART FAILURE

PREGNACY (current, and until 6 weeks post partum)

\*\*\*\*\*\*\*IF YOU MUST CURRENTLY ANSWER <u>YES</u> TO ANY OF THE ABOVE, PLEASE HAVE YOUR COLONIC SESSION AT ANOTHER TIME\*\*\*\*\*\*

## INFORMED CONSENT for COLON HYDROTHERAPY

COLON HYDROTHERAPY (colonic) is a gentle method of cleansing the colon of accumulated fecal matter, gas, mucus, toxins and bacteria. The client positions self on a single-use, disposable, sterile rectal nozzle and triple-filtered, purified warm water flows slowly into the colon.

During the 40 minute session a total of approximate 8 gallons of water will gently flow into and out of the large intestine. By signing below, client acknowledges full instructions for use has been given. Body Flow Wellness uses a FDA Registered Class II state-of-the-art, open system called Angel of Water, which allows the client as much privacy as she/he desires. The colon hydrotherapist is always available to be present in the room with the client during each session as per the client's expressed wishes.

Side effects and risk factors are very uncommon, but can occur; consequently, in rare instances, such effects and factors, included but not limited to: fatigue, nausea, flu-like symptoms (from toxins being released), and/or tear of the anus, rectum, colon. Hemorrhoids may become irritated, inflamed or bleed.

By signing below, I understand the risks and benefits of colon hydrotherapy. I authorize the colon hydrotherapist to administer the service of Colon Hydrotherapy. I acknowledge colon hydrotherapy is not intended to replace or be a substitute for medical care. I am aware that the Colon Hydrotherapist is not a physician and cannot diagnose, treat or prescribe.

- ~ I affirm that I understand the purpose and potential risks of the procedure, and that it is an elective service.
- ~I hereby release Body Flow Wellness, LLC from any and all liability which may occur in connection with the above mentioned procedure.
- ~I understand that I am free to withdraw my consent and to discontinue participation in this procedure at any time.

<u>CANCELLATION POLICY:</u> Your appointment time is booked just for you. As a professional courtesy to other clients and staff, we request a 24 hour notice if you must cancel or reschedule your appointment. NO CALL/NO SHOWS will be charged 100% of total services booked.